

SUMMER ADVENTURE GUIDE 2013



DAY CAMPS

For additional information, contact individual recreation center, phone numbers listed below, or visit www.norfolk.gov/rpos. This year's theme for Day Camp is "Fitnatics." Students will enjoy 10 weeks of innovative sports and fitness programs and activities.

CAMP WAKE UP • AGES: 5-12

During this day-care style camp, students participate in arts & crafts, field trips, high yield learning activities, fitness programs, games and special events. **Students must be Norfolk residents and have completed Kindergarten.**

DAY	DATE	TIME	REG BY	FEE
M-F	6/20-8/24	6:30a-6:00p	5/19*	\$40/week

Camp Wake Up registration will be held by lottery system on Sat, Apr 6 at the facility the student will be attending. Parents can obtain lottery tickets beginning at 8:00a, lottery begins promptly at 8:30a.

Locations:

Bayview Recreation Center, 8613 Willow Terrace, (757) 441-1626
Crossroads Community Center, 8019 Old Ocean View Road, (757) 965-9430
Fairlawn Recreation Center, 1014 Kempsville Road, (757) 441-5670
Sherwood Forest Community Center, 4537 Little John Drive, (757) 441-5826
Tarrallton Community Center, 2100 Tarrallton Drive, (757) 441-1765

CAMP WILLOUGHBY • AGES: 6-12

Camp Willoughby is Norfolk's premier outdoor adventure camp. Students participate in arts & crafts, field trips, fitness programs, outdoor recreation, kayaking, canoeing, paddling, swimming, fishing and crabbing. **Camp Willoughby is available for Norfolk residents only that have completed first grade.**

Location: Captains' Quarters Recreation Center, 800 Little Bay Ave, (757) 441-1715

Day	Date	Time	Reg by	Fee
M-F	6/20-8/24	6:30a-6:00p	5/19*	\$50/week

Camp Willoughby registration will be held by lottery system on Sat, Apr 6. Parents can obtain lottery tickets beginning at 8:00a, lottery begins promptly at 8:30a.

GET OUT AND PLAY CAMP • AGES: 5-12

At this "drop-in" style open recreation camp students participate in arts & crafts, games, special events, fitness programs and computer activities. Camps operate under an open door policy. Participants may enter and exit the recreation facilities at their leisure. **Students must have completed Kindergarten.**

Day	Date	Time	Reg	Fee
M-F	6/20-8/24	8:30a-5:30p	5/21	\$10

Registration begins Mon, Apr 8 and continues until camp is full at individual sites. Participation requires a valid Facility Use ID Card (\$10/year, youth 5-17).

Locations:

Berkley Community Center, 121 West Liberty Street, (757) 441-1912
Campostella Recreation Center, 1130 Leake Street, (757) 441-1974
East Ocean View Community Center, 9520 E. 20th Bay Street, (757) 441-1785
Grandy Village Recreation Center, 3016 Kimball Terrace, (757) 441-2117
Huntersville Recreation Center, 830 Goff Street, (757) 664-7434
Ingleside Recreation Center, 948 Ingleside Road, (757) 441-5675
Lamberts Point Community Center, 1251 W. 42nd Street, (757) 423-1088
Merrimack Landing Recreation Center, 8809 Monitor Way, (757) 441-1783
Norview Community Center, 6380 Sewells Point Road, (757) 441-1440
Park Place Community Center, 606 W. 29th Street, (757) 664-7531
Titustown Recreation Center, 7545 Diven Street, (757) 441-1259
Young Terrace Community Center, 804 Whitaker Lane, (757) 441-2692

SWIMMING CAMP

For additional information, contact the Aquatics Program Hotline at (757) 441-1605.

SUMMER PLUNGE • AGES: 6-18

Summer Plunge is a free program that provides opportunities for Norfolk youth to learn water safety and basic swimming skills while participating in fun water activities. Students are transported from various Norfolk neighborhoods to four City pools – Huntersville, Chesterfield, Berkley and the Southside Aquatic Center. The program runs from July to August. Registration by a parent/guardian is required. Additional information, transportation locations and registration forms are available at www.norfolk.gov/rpos or your local recreation center.

Attire: All participants must wear proper swimming attire and bring their own towel. Goggles are not required but are allowed. Swim shoes are not required but are encouraged for the Berkley and Chesterfield outdoor pools.

MINI MUSIC CAMPS

Registration for music camps begins 6/03/12. For additional information, contact the Lakewood Dance & Music Center at (757) 441-5833.

MY FIRST MUSIC CAMP • RISING GRADES K-1

Participants will sing, and learn and sample musical instruments. Music-related art projects, games and educational videos will also be included! Tennis shoes should be worn to camp.

Location: Crossroads School, 8021 Old Ocean View Road

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-02	M-Th	7/22-7/25	10:00a-11:00a	7/11	\$15/\$23
438543-03	M-Th	7/22-7/25	11:30a-12:30p	7/11	\$15/\$23

VOCAL CAMP • RISING GRADES 2-12

Students will strengthen their vocal skills by learn appropriate music. Elementary students will learn the solfege syllables (do, re, mi etc). Middle and high school students will work on sight reading skills. Tennis shoes should be worn to camp and participants should bring a drink and snack. Rising 2nd – 5th graders will perform in the Summer Tour. See "Band Camp" description below.

Location: Crossroads School, 8021 Old Ocean View Road

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-07	M-Th	7/29-8/08	10:00a-12:30p	7/11	\$74/\$111

Note: Camp locations will be TBA for performances on Aug 6-8.

Rising 6th-12th Graders

Location: Crossroads School, 8021 Old Ocean View Road

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-08	M-Th	7/15-7/18	10:00a-12:30p	7/11	\$37/\$56

STRINGS CAMP • RISING GRADES 6-12

Prerequisite: Must have one year of instruction in violin, viola, cello or string bass. Equipment: Bring your violin, viola, cello or string bass.

Students will review bowing techniques, rhythms and note reading while playing a variety of music. Tennis shoes should be worn to camp and participants should bring a drink and snack. Rising 8th – 12th graders will perform in the Summer Tour. See "Band Camp" description below.

Rising 6th Graders

Location: Crossroads School, 8021 Old Ocean View Road

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-04	M-Th	7/15-7/18	10:00a-12:30p	7/11	\$37/\$56

Rising 7th Graders

Location: Crossroads School, 8021 Old Ocean View Road

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-05	M-Th	7/22-7/25	10:00a-12:30p	7/11	\$37/\$56

Rising 8th-12th Graders

Location: Crossroads School, 8021 Old Ocean View Road

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-06	M-Th	7/29-8/08	10:00a-12:30p	7/11	\$74/\$111

Note: Camp locations will be TBA for performances on Aug 6-8.

BAND CAMP • RISING GRADES 6-12

MUSIC PERFORMANCE TOUR CAMP: "JAMMIN THROUGH THE YEARS" MUSIC FROM THE 1940'S TO PRESENT

Prerequisite: Must have one year of instruction in voice or any musical instrument. Equipment: Bring your band/orchestra instrument or guitar. Pianos will be provided.

Participants who act, dance, sing or play more than one musical instrument will have the opportunity to showcase their talents. Students will learn musical selections that have spanned from the 1940's to today. Rehearsal will take place during camp week one then students hit the road to perform at local recreation centers during camp week two. Participants must provide their own transportation to performances (8/6, 8/7, 8/8). On August 8th, we'll host a cast party at Lakewood Dance & Music Center to celebrate. Tennis shoes should be worn to camp and participants should bring a drink and snack. Everyday attendance is required.

Location: Lakewood Dance & Music Center

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
438543-01	M-F	7/29-8/02	10:00a-12:30p	7/11	\$84/\$126
	M-Th	8/05-8/08			

Note: Camp locations will be TBA for performances on Aug 6-8. No camp 8/09.

TEEN CAMPS

Applications and additional information are available on-line at www.norfolk.gov/rpos. For more information, call (757) 441-1034.

CAMP INSPIRED • RISING GRADES 7-12

Camp Inspired is a free, curriculum-driven, teen leadership program. In partnership with Teens With a Purpose (TWP), Camp Inspired is led by teen peer leaders who mentor other teens regarding issues that they face on a daily basis to include self-esteem, pregnancy and STDs. The curriculum is evidenced-based and approved by the Center for Disease Control and Prevention.

Through the *Learn 2 Lead* program, campers will utilize skits, role play, games, quizzes and videos as part of the ETR's Reducing Risk: Building Skills to Prevent Pregnancy, STD's & HIV curriculum. They will have the opportunity to build self-esteem, independence and leadership skills and will be given a chance to "teach back" what they have learned. Upon completion of Learn 2 Lead, campers will qualify to become part of TWP's Peer Facilitators & Mentors-in-Training Team and will be eligible to assist during TWP community workshops; plan teen events; continue training provided to TWP Members year-round; and receive incentives.

Eligibility: Participants must be City of Norfolk residents. Registration is accepted on a first-come, first-serve basis. Status is pending until confirmation is received. Campers may request to attend more than one session. Those with an end of session evaluation of average or higher will be allowed to repeat based on space availability. Past participants will be placed on a waiting list until after the registration deadline, and are encouraged to apply for Camp Inspired: The Sequel. Enrollment: Min. 20; Max. 30

Location: Vivian C. Mason Teen Center (VCM)

Camp #	Day	Date	Time	Reg by	Fee/NR Fee
Camp 1	M-F	6/17-6/28	9:30a-4:30p	5/28	Free/NA
Camp 2	M-F	7/08-7/19	9:30a-4:30p	6/17	Free/NA
Camp 3	M-F	7/22-8/02	9:30a-4:30p	7/01	Free/NA

Note: No camp Jul 4.

CAMP INSPIRED: THE SEQUEL • RISING GRADES 8-12

Prerequisite: Full participation and exemplary behavior during Camp Inspired held in previous summers. Camp Director approval required.

Take your Camp Inspired experience to the next level. Building on the knowledge shared in previous years, Camp Inspired: The Sequel is a free, curriculum-driven, teen leadership program that addresses tough issues including self-worth, teen pregnancy, bullying and STD/HIV prevention. Camp includes outdoor adventure activities such as rock wall climbing and kayaking, plus field trips to local parks and other attractions.

Registration is accepted on a first-come, first-serve basis. Status is pending until confirmation is received. Enrollment: Min. 20; Max. 40

Location: Vivian C. Mason Teen Center (VCM)

Camp #	Day	Date	Time	Reg by	Fee/NR Fee
Camp 4	M-F	8/12-8/23	9:30a-4:30p	7/22	Free/NA

SUMMER LEARNING ACADEMY • RISING GRADES 6-8

The Summer Learning Academy is a four-week free program designed for students who attend Lafayette-Winona and Lake Taylor Middle Schools. The program features projects to challenge the mind, activities that engage the body and an energetic staff that makes it all worth while! Enrollment: Min. 20; Max. 30

Location: Lafayette-Winona Middle School, 1701 Alsace Ave

Day	Date	Time	Reg by	Fee/NR Fee
M-Th	*	8:00a-12:00p	6/15	Free/NA

Location: Lake Taylor Middle School, 1380 Kempsville Rd

Day	Date	Time	Reg by	Fee/NR Fee
M-Th	*	8:00a-12:00p	6/15	Free/NA

Note: No camp Jul 4.

*Note: Program operates during summer school. Dates are TBA.

THERAPEUTIC RECREATION CAMPS

FOR INDIVIDUALS WITH ANY DISABILITY

Registration for Therapeutic Recreation camps begins 6/06/12. All participants must schedule an assessment prior to registering for camp. Call (757) 441-1764 to schedule an assessment.

FUNTASTIC VOYAGES • AGES: 6-12

Prerequisite: To ensure success in this structured environment, the child must have participated in at least one session of a Therapeutic Recreation Program to register for summer camp.

Meet new friends, hang out with old ones, and take trips around Hampton Roads. Enjoy local beaches, state parks, Tides baseball games, movies and much more. Bring a bag lunch and drink each day. The schedule of daily camp activities will be available at registration. A \$150 trip fee is included in the course fee and is nonrefundable after the registration deadline.

depart from: therapeutic recreation center

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
466796-01	W-F	6/26-7/19	9:00a-4:00p	6/19	\$270/\$405

Note: No camp Jul 4.

TEEN TRAVELS • AGES: 13-19

Spend part of your summer learning new and exciting leisure activities. Participate in outdoor activities such as hiking, fishing, kayaking and canoeing during visits to beaches and state parks. There will be more fun and games such as mini golf, water rides, laser tag, watching movies, and playing Nintendo Wii.® Bring a bag lunch and drink each day. The schedule of daily camp activities will be available at registration. A \$150 trip fee is included in the course fee and is nonrefundable after the registration deadline.

depart from: therapeutic recreation center

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
466797-01	W-F	7/24-8/16	9:00a-4:00p	7/17	\$270/\$405

VISUAL ARTS MINI CAMPS

Registration for Visual Arts camps begins 6/07/12. Call (757) 441-1227 for more information.

AROUND THE WORLD • AGES: 8-17

Dive in and celebrate summer with a variety of wonderful art making experiences! Create hand-built pottery, mosaics, paintings and more, inspired by cultures from around the world. Students are encouraged to bring a healthy snack to each class. Instructed by Bernard Conda & Shara Wertz.

Location: Titustown Visual Arts Center

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
467863-01	M-F	7/08-8/12	12:30p-3:30p	7/01	\$65/\$98

ART EXPLORATIONS • AGES: 8-17

Paint, draw, and sculpt until your heart is content while getting familiar with the fundamental elements of art. Spend the week exploring clay, colored pencils, paper collage and acrylic painting. Students are encouraged to bring a healthy snack to each class. Instructed by Bernard Conda & Shara Wertz.

Location: Titustown Visual Arts Center

Activity #	Day	Date	Time	Reg by	Fee/NR Fee
467863-02	M-F	8/05-8/09	12:30p-3:30p	7/29	\$65/\$98

YOUR ADVENTURE STARTS HERE

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